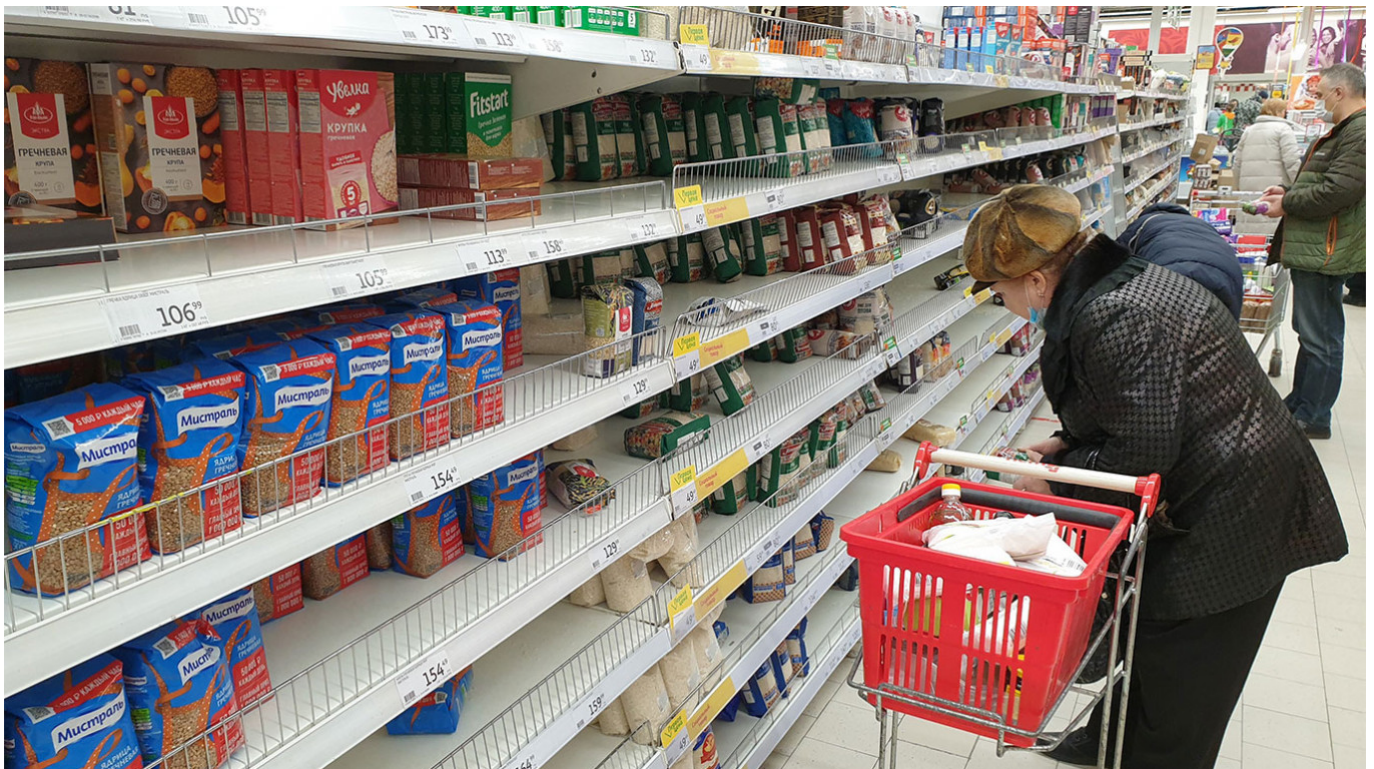


# Over a Third of Russians Admit Trying to Reduce Food Bill – State Poll

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## Moskva News Agency

Amid sharply rising prices, inflation at 12.7% and disruption to supply chains due to Western sanctions, around 35% of Russian citizens say they are trying to reduce the cost of their weekly food shop, according to a survey [published](#) on Monday.

Of those who said they were trying to save money on food, 69% also told Russia's state-funded pollster VTsIOM that they were in a difficult financial position.

Some 32% of those who responded to the poll also admitted that they had started spending less on beauty salons and cosmetics, the survey said.

[According to](#) the national statistics agency, Rosstat, around 43.2% of Russians have an income of under 27,000 rubles (\$441) per month, while roughly a quarter of the population earns less than 19,000 rubles (\$309) per month.

Amid the ongoing war in Ukraine and Western sanctions, the country's economy has entered

a recession as gross domestic output fell by 4% in the third quarter, Rosstat said in its report [published](#) earlier this month.

Despite its contracting economy, Russia's unemployment rate stood at 3.9% in September, according to Rosstat.

*AFP contributed reporting*

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