

# Navalny Spokeswoman Flees Russia Amid Widening Dissident Exodus – Reports

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Kira Yarmysh was sentenced this month to 18 months of “restricted freedom,” a parole-like penalty  
**Vladimir Gerdo / TASS**

Jailed Kremlin critic Alexei Navalny's spokeswoman, one of his last close associates remaining in the country, has fled Russia, Interfax [reported](#) Monday.

Kira Yarmysh's reported departure comes amid a growing exodus of opposition-leaning journalists and dissidents that The New York Times [calls](#) "the biggest wave of political emigration" in Russia's post-Soviet history. Kremlin critics point to what they call a widening crackdown on dissent and independent voices ahead of key elections.

Interfax cited two unnamed sources as saying Yarmysh fled Russia, with one source specifying that she went to Helsinki, Finland.

Neither Yarmysh nor other members of Navalny's team have confirmed or denied the reports.

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Yarmysh was sentenced this month to 18 months of “restricted freedom,” a parole-like penalty, for breaking anti-coronavirus restrictions earlier this year in calling for protests opposing Navalny’s arrest. Her sentence has yet to enter into effect.

She had previously been under house arrest since the pro-Navalny street demonstrations in January and February.

Navalny’s close aide Lyubov Sobol also left Russia earlier this summer after receiving a similar “restricted freedom” sentence in the same case.

Navalny and his movement — the country’s most vociferous grassroots anti-Kremlin force — are facing an increasingly bleak outlook within Russia.

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In June, a Moscow court designated Navalny’s organizations as “extremist,” formally banning them and their activities, with supporters threatened with criminal prosecution. Even before that, much of Navalny’s political and activist infrastructure had already moved abroad to avoid prosecution and raids.

Exiled Navalny allies Ruslan Shavvedinov and Leonid Volkov have been heading the group’s political and media operations from Vilnius, Lithuania.

Navalny himself is serving a 2.5-year prison sentence for parole violations in an old fraud case he says is trumped up. He was found guilty of breaking parole while recovering abroad from a near-fatal poisoning he says was orchestrated by President Vladimir Putin, a charge the Kremlin denies.

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