

Nowruz Spring Equinox Holiday Celebrated With Color Across Russia

March 21, 2019



uyutkazan / Instagram

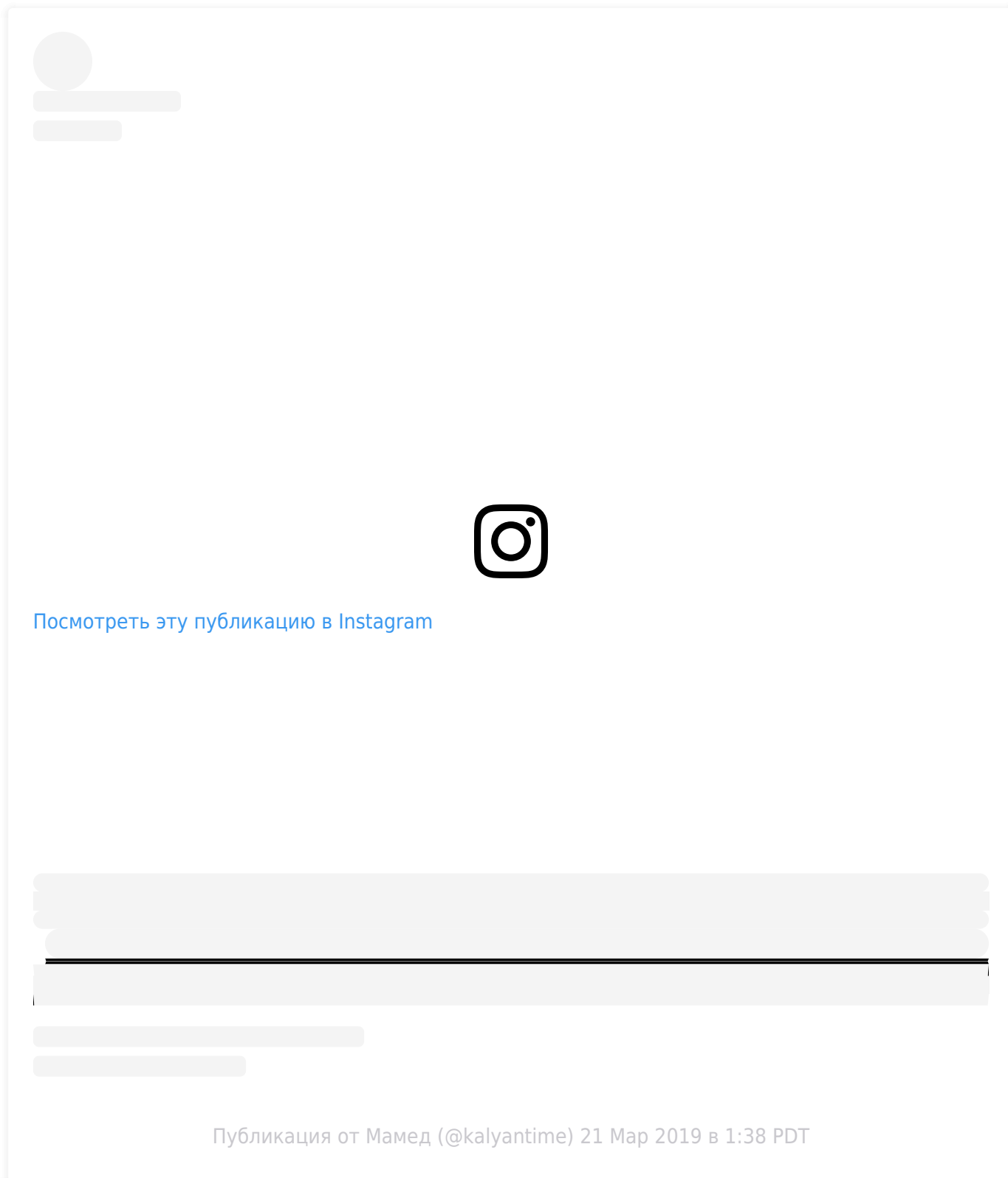
As nature says goodbye to winter and marks the start of spring, many in Russia welcome the change in seasons by wearing their finest traditional clothes and cooking their best food.

Nowruz, an ancient Persian new year festival, sometimes spelled Navruz or Navroz, is widely celebrated across Central Asia and Russia's Muslim-majority republics of Tatarstan, Bashkortostan and Dagestan.

Falling on the spring equinox, Nowruz, or "new day," is seen as a holiday of renewal and a way to celebrate the upcoming new year in nature.

The holiday is believed to date back more than 3,000 years, with roots in the Persian pre-Islamic religion Zoroastrianism. It has been celebrated in different regions of the world, including the Balkans, the Black Sea Basin, the Caucasus, Central Asia and the Middle East.

Embed:



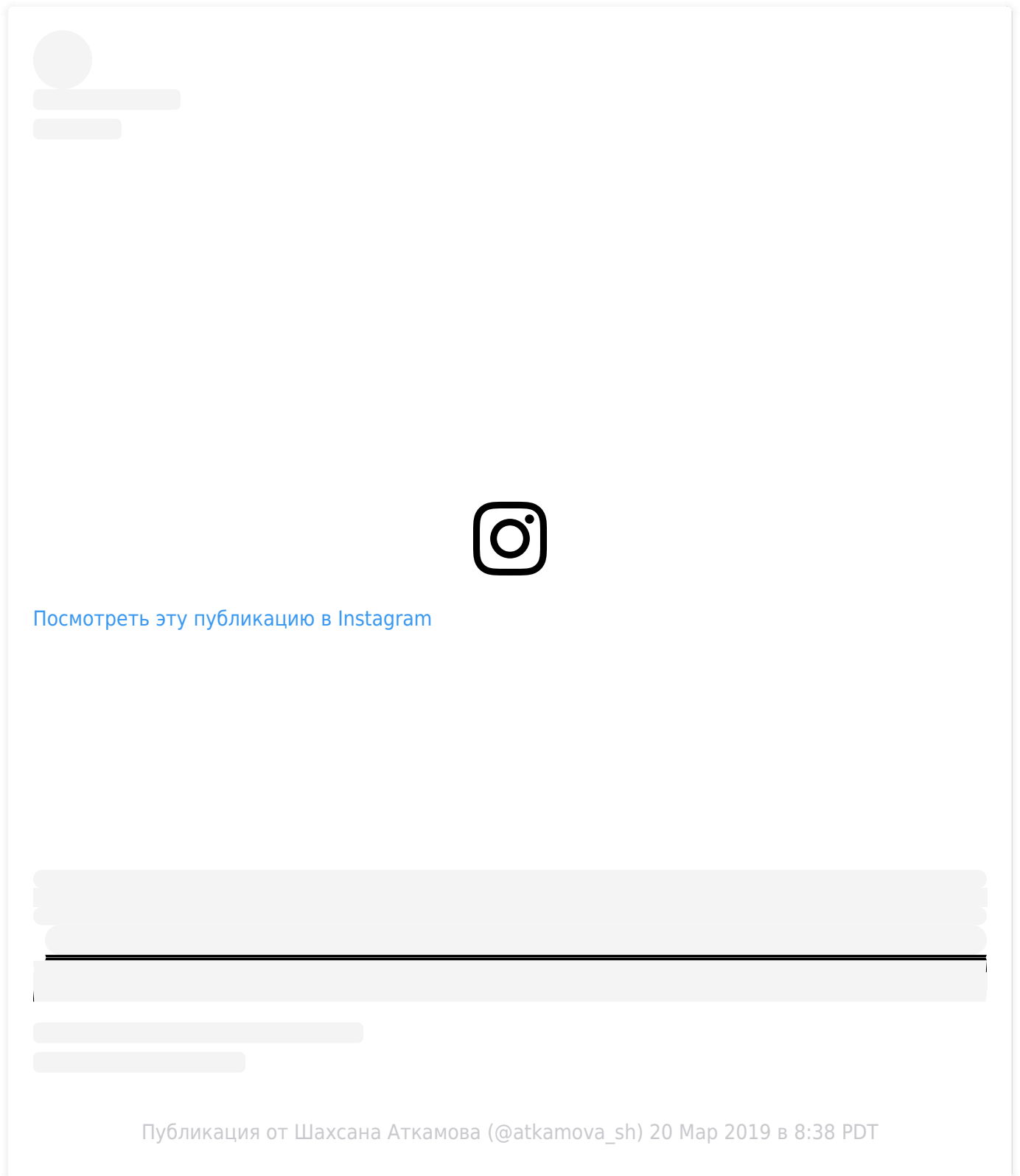
Посмотреть эту публикацию в Instagram

Публикация от Мамед (@kalyantime) 21 Мар 2019 в 1:38 PDT

The UNESCO cultural and scientific agency added Nowruz to its “Intangible Cultural Heritage of Humanity” list in 2009.

In his Nowruz message for 2019, United Nations Secretary-General António Guterres [said](#) the festival is “about new beginnings.”

Embed:




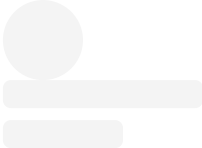
Посмотреть эту публикацию в Instagram

Публикация от Шахсана Аткамова (@atkamova_sh) 20 Мар 2019 в 8:38 PDT


Muscovites will have to wait until this Sunday to celebrate, when Moscow City Hall will [hold](#) a “Festival of Plov” — serving the famous dish consisting of rice, spices, carrots and meat — at VDNKh.


See more celebrations of the rich cultural event in Russia and its neighboring countries below:

Embed:




[Посмотреть эту публикацию в Instagram](#)



Публикация от  (@cooking_by_aysel) 19 Мар 2019 в 9:09 PDT

Embed:



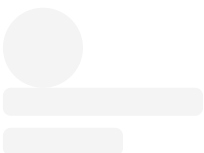


[Посмотреть эту публикацию в Instagram](#)



Публикация от [НАЦИОНАЛЬНЫЕ КУЛЬТУРЫ • ТЮМЕНЬ \(@kdn_to\)](#) 21 Мар 2019 в 4:20 PDT

Embed:



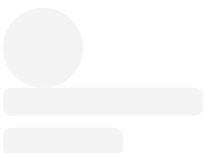


[Посмотреть эту публикацию в Instagram](#)



Публикация от Рашидовна Дизайнер (@kayumova_sh) 21 Мар 2019 в 12:44 PDT

Embed:



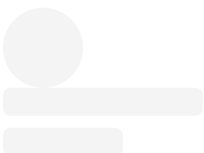


[Посмотреть эту публикацию в Instagram](#)



Публикация от Elmar Vahidov (@elmar.vahidov) 20 Мар 2019 в 12:25 PDT

Embed:



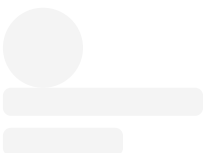


[Посмотреть эту публикацию в Instagram](#)



Публикация от Alikesb (@alikesb) 20 Мар 2019 в 9:04 PDT

Embed:





[Посмотреть эту публикацию в Instagram](#)



Публикация от Life as I see it, (@my_world_by_me) 23 Мар 2018 в 3:32 PDT

Original url:

<https://www.themoscowtimes.com/2019/03/21/nowruz-spring-equinov-holiday-celebrated-color-across-russia-a64911>