

When Boiling Water Meets Freezing Air: Russia's Latest Instagram Trend, in Photos

February 06, 2019

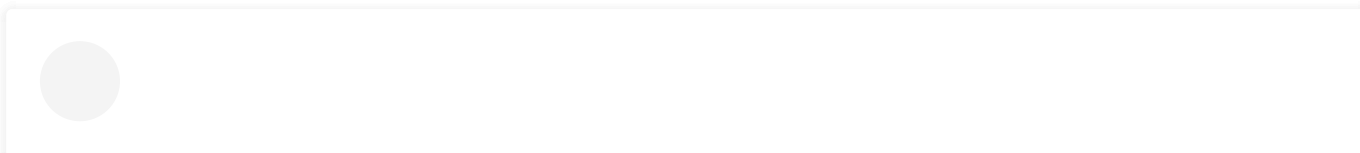


katrin22region / Instagram

A new trend has made its rounds on Russian social media in recent weeks called "The *Dubak* Challenge," (from the Russian дубак, a slang word for intense cold) in which boiling hot water is thrown into sub-zero air for a beautiful sight. The result comes from the Mpemba effect, in which hot water freezes faster than cold water.

Warning: While the effects are tempting, the process is a risky one. We strongly advise you to not try this at home.

Embed:





[Посмотреть эту публикацию в Instagram](#)

Публикация от Ekaterina (@kvarnava) 4 Фев 2019 в 10:45 PST

When hot water meets freezing air meets sunlight.

Embed:





[Посмотреть эту публикацию в Instagram](#)



Публикация от Анастасия (@anndriyanova) 20 Фев 2018 в 4:47 PST

Many of those up for the challenge experimented with different angles and effects.

Embed:



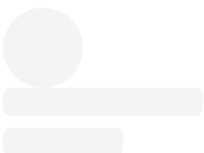


[Посмотреть эту публикацию в Instagram](#)



Публикация от Teacher & Traveler  (@willdiazbertolini) 19 Янв 2018 в 1:21 PST

Embed:





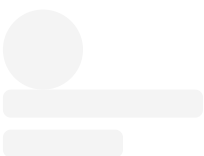
[Посмотреть эту публикацию в Instagram](#)



Публикация от Екатерина Вакуленко (@katrin22region) 4 Фев 2019 в 1:25 PST

A video in slow motion shows the reaction between the boiling water and the cold air as it happens.

Embed:





[Посмотреть эту публикацию в Instagram](#)



Публикация от Maksim Butusov (@maksimbutusov) 5 Фев 2019 в 6:16 PST

Besides the dangerous stunt, good photography is also key to the trend.

Embed:





[Посмотреть эту публикацию в Instagram](#)



Публикация от Анна Вишнякова (@anechka_vishniakova) 5 Фев 2019 в 5:08 PST

That moment before it hits you.

Embed:





[Посмотреть эту публикацию в Instagram](#)



Публикация от Darya Che. 🇷🇺 (@cheshirko) 24 Янв 2018 в 7:45 PST

Again, don't try this at home.

Original url:

<https://www.themoscowtimes.com/2019/02/06/when-boiling-water-meets-freezing-air-russias-latest-in-stagram-trend-in-photos-a64410>